

SKAMANIA COUNTY

JOB DESCRIPTION

Position:	Behavioral Health Therapist I	Department:	Community Health
Affiliate:	Community Health Unit	FLSA Status:	Non-Exempt
		Approved:	06/21
		Revised:	05/23, 01/25
		Range:	26

SUMMARY

Under direct supervision of the Behavioral Health Manager the Behavioral Health Therapist I, provides individual, group, and family therapy as well as case management services to a diverse population of children, youth, and adults in Skamania County in order to maintain people in the community and or least restrictive setting and reduce the need for psychiatric hospitalization and assist with quality management and compliance, chart reviews, supervision of Case Management, Peer, and Community Health Workers/Pathways Health Connect program, and assisting and training new behavioral health staff including Peers, Case Managers, and/or Community Health Workers. The Behavioral Health Therapist I fills in as needed in the substance use disorder program.

ESSENTIAL FUNCTIONS

Assists with supervision of Case Managers, Community Health Workers, and/or trainees under the management of the Behavioral Health Manager.

Assists Behavioral Health Manager with quality management and compliance, and chart reviews.

Assists and provides training of new behavioral health staff.

Provides individual, group, and family therapy to Skamania County residents.

Provides Mental Health Assessments and intakes according to the Diagnostic and Statistical Manual (DSM) diagnosis and treatment recommendations.

Provides Substance Use Disorder Assessment and intakes according to the American Society of Addiction Medicine.

Formulates case management, consultative, and referral services.

Implements involuntary mental health treatment procedures.

Provides crisis and Involuntary Treatment Act (ITA) evaluations on an on-call basis.

Actively participates in joint case planning and coordination with multi-disciplinary team and agency therapists and psychiatrist including Department of Social and Health Services (DSHS) and Social

Security Income (SSI) evaluations.

Attends weekly supervision and team meetings as requested.

Provides testimony in court as required.

Responsible for maintenance and timeliness of all records, progress notes, and other required documentation.

Responsible for Behavioral Health quality management, compliance and chart reviews.

PERIPHERAL FUNCTIONS

Performs other duties as assigned.

KNOWLEDGE, SKILLS, AND ABILITIES

Knowledge of Evidenced Based theories, principles, and practices of the evaluation and treatment of persons exhibiting social, emotional, and/or behavioral difficulties.

Knowledge of principles and practices of employee supervision and evaluation.

Knowledge of DSM and American Society of Addiction Medicine (ASAM) criteria.

Knowledge of case management/community support criteria and the ability to produce and maintain accurate and consistent records of each case.

Knowledge of all federal, state and county rules and regulations as required in Washington Administrative Code (WAC), Revised Code of Washington (RCW), and contract requirements.

Proficient knowledge in use of standard office equipment including computers, copiers, fax machines as well as current computer software including Excel and Word.

Demonstrated skill in supervisory techniques.

Skill in leadership.

Skill in record keeping and case management and research.

Skill in operation of office equipment used to provide the necessary information.

Ability to supervise, train, assign tasks and evaluate the work of employees.

Ability to maintain continuing liaison and professional working relationships with behavioral health

agencies and other medical and human service-related agencies and providers.

Ability to maintain confidentiality and working knowledge of Health Insurance Portability and Accountability Act (HIPPA) regulations as it pertains to mental health and chemical dependency records.

Ability to accurately diagnose, according to the DSM and ASAM and to prepare and implement effective treatment plans and updates.

Ability to work independently.

Ability to communicate effectively verbally and in writing with clients, staff, and the public.

Ability to manage conflict.

EDUCATION AND EXPERIENCE

Master's degree in social work, psychology or other related field, plus one year of clinical experience required. Must be registered as an associate, working toward licensure, in Washington State to perform duties as a therapist and a Substance Use Professional (SUDP) or Substance Use Professional Trainee certification through Department of Health (DOH).

SPECIAL REQUIREMENTS

Possession of a valid, active, and unrestricted license to practice in Washington State as appropriate for position and maintain such throughout employment.

Possession of a valid driver's license at time of hire and throughout employment and have a driving record that meets the County standards.

Pass a criminal background check, as required by Washington State Law, for the profession and maintain eligibility to practice.

Pass jail clearance to provide services in jail.

Obtain additional licenses and/or certifications as required by the position.

WORKING CONDITIONS

Work is performed primarily in an office environment. On-call status is required for emergency situations. Due to the nature of the work, potential hazards exist when dealing with clients.

PHYSICAL REQUIREMENTS

The duties of the above position require sitting, walking, stooping, bending, reaching, pulling, twisting, and the ability to lift to 25 pounds. Requires finger dexterity, sense of touch, gripping with fingers and hands; ability to see, hear voice conversation, and to speak.

The statements contained herein reflect general details as necessary to describe the essential functions of this job, the level of knowledge and skills typically required, and the scope of responsibility, but should not be considered an all-inclusive listing of work requirements. Individuals may perform other duties as assigned, including work in other functional areas to cover absences or relief, to equalize peak work periods or otherwise to balance the workload.

It is the policy of Skamania County to not discriminate against any person with regard to race, color, national origin, sex, age, religion, physical/mental disability, creed, marital status, pregnancy and maternity, sexual orientation, gender identity, veteran's status guide dog or service animal and genetic information or any other protected status under federal or state statute.
